

OUR BELIEFS



RECOVER WYOMING

- ◆ Addiction recovery is a reality for millions of Americans.
- ◆ There are many paths to recovery.
- ◆ Recovery flourishes in supportive communities.
- ◆ Recovery is a voluntary process.
- ◆ Recovering people are part of the solution.
- ◆ Recovery gives back what addiction has taken away.

VISIT US AT THE
RECOVERY COMMUNITY CENTER!

WHAT IS THE RECOVERY COMMUNITY CENTER?

It is a safe, welcoming, sober space that allows people from all recovery backgrounds to come together to socialize, access information and resources, and volunteer. The Community Center has meeting space, lounge area, small kitchen, kid zone and staff offices. We provide computer and internet access.

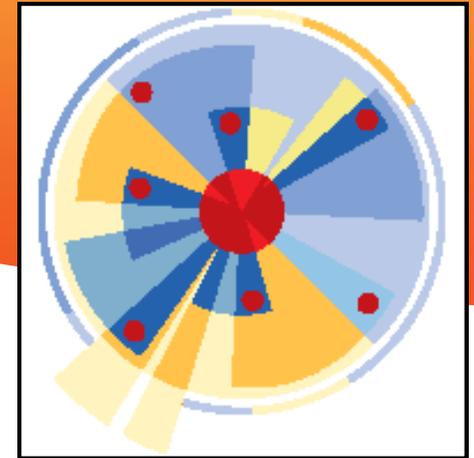
To learn more about us and for more information on upcoming events, visit our website:
www.recoverwyoming.org

RECOVER WYOMING
HEALING LIVES,
CREATING FUTURES

OUR MISSION

The mission of Recover Wyoming is to advocate for persons in recovery and mobilize resources to aid them, their families & allies to increase the occurrence and quality of long-term recovery from addiction. Through recovery promotion and education, Recover Wyoming will work with communities and organizations to advocate that all people, seeking and in recovery, are treated with dignity and respect.

Recover Wyoming is a nonprofit 501(c)(3)
Recovery Community Organization (RCO).

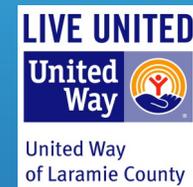


**RECOVER
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HEALING LIVES, CREATING FUTURES

WWW.RECOVERWYOMING.ORG

RECOVER WYOMING
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Cheyenne, WY 82001
(307) 421-7261
www.recoverwyoming.org
LAURA GRIFFITH, DIRECTOR



ABOUT Us



RECOVER WYOMING

1. WHO ARE WE AND WHO DO WE SERVE?

The people who make up the volunteers, staff, & board of *Recover Wyoming* include individuals in long-term recovery and family members/allies of people affected by addiction. We serve recoverees (people seeking long-term recovery) and the broader community— family members, employers, anyone whose life has been impacted by addiction.

2. WHAT IS THE GOAL OF RECOVER WYOMING?

Addiction, left untreated, has only three outcomes— jail, institution, or death. There is an alternative, a fourth outcome, that *Recover Wyoming* actively promotes— long-term recovery.

As recoverees get their lives in order, finding jobs and housing, and reconnecting with family and friends in healthy ways, they go on to function as productive community members, sometimes for the first time in their lives. Recovery doesn't happen in a vacuum. Family members, children, friends, and employers of recoverees, are all a part of the recovery process. They have their own needs for information and services, which *Recover Wyoming* strives to meet.

3. IS RECOVER WYOMING THE ONLY ORGANIZATION OF ITS KIND?

No! *Recover Wyoming* is an RCO— a Recovery Community Organization— one of over 175 local and state RCOs in the nation. It is the first organization of its kind in Wyoming. RCOs are independent, non-

tween treatment and long-term recovery. We are closely connected to the national RCO network, allowing us to learn from the experience of others and gain access to tools and techniques proven effective in sustaining long-term recovery.

SERVICES

Recover Wyoming provides support to people seeking long-term recovery from addiction, their families, and friends.

FORMS OF SUPPORT INCLUDES:

RECOVERY COACHING

A peer-to-peer support service where a recovery coach meets face-to-face with a recoveree to serve as a guide in the management of personal and family recovery. RW now has 13 trained peer to peer mentors available to coach those seeking recovery.

REFERRALS TO EXISTING SERVICES

Staff and volunteers provide referrals and help to demystify community and state services so that recoverees can get the help they need.

A SAFE PLACE TO BE AND VOLUNTEER

The recovery center provides a safe place to hang out, make phone calls, have some lunch, meet other people in recovery, maybe even play some cribbage.

SPECIAL EVENTS

Recover Wyoming hosts a variety of special events as a way to organize the recovery community to “give back” in meaningful ways. Our events help put a positive face on recovery as we work to overcome the stigma that is often times associated with addiction. Please consult our website, or visit us at the Recovery Community Center, for more information.

How To HELP

“We must not only give what we have; we must also give what we are.”

-Desire-Joseph Mercier

HOW CAN I HELP RECOVER WYOMING IN ITS WORK TO SUSTAIN LONG-TERM RECOVERY AND SAVE LIVES?

There are many ways you can get involved. Volunteer, donate, tell people about us. *Recover Wyoming* is run primarily by volunteers, and your skills, time, and energy are needed. We are a 501(c)(3) nonprofit organization and your donation will go directly to provide services. You will also find lots of updates on *Recover Wyoming's* Facebook page and on our website, so visit us there often!



RECOVERY IS REAL

Call 307-421-7261 or
Visit at 1603 Capitol Ave., # 405